

The Supernatural Power of a Transformed Mind

Study Guide

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REVIEW WHAT GOD HAS DONE

If you should say in your heart, "These nations are greater than I; how can I dispossess them?"—you shall not be afraid of them, but you shall remember well what the Lord your God did to Pharaoh and to all Egypt (DEUTERONOMY 7:17-18).

Once we write down what God has done, we are then encouraged to review it. A written record is no good unless we go back and review what we wrote down. To simply fill journals and notepads up without ever returning to them is pointless; however, when we go back and review what God has done for us, we become strengthened. When our minds consistently remember what God did in the past, we position our lives to walk in present victory.

In Deuteronomy 7, God was encouraging His people not to be afraid of the nations they were being called to dispossess. Even though these nations appeared to be great and mighty people, God invited Israel to review what He had done in the past. Past victory positions us to demonstrate present faith. Reviewing what God has done postures our hearts to believe that the same God who moved yesterday will move again. The key to Israel's courage and strength was remembering how God moved in Egypt.

During the Exodus, Egypt was undeniably a world superpower. And yet, God miraculously redeemed His people out of slavery using a shepherd and a staff. The key is training our minds to remember rather than immediately react. Our natural reaction to impossible situations and circumstances is one of "How am I going to make it through this?" The fault in this perspective is that it is completely wrapped up in us. God knows this. He is fully aware of every possible line of thought our minds entertain when coming up against the impossible.

This is exactly why He gave Israel words of encouragement like Deuteronomy 7:17-18. He is calling our imagination to come up higher. By recalling what God has done, we force our imaginations to become Kingdom imaginations. The testimony of what the Lord has done helps us to remember who God is, what His covenant is like, and who He intends to be in our lives. Every testimony of His work in someone's life is a prophecy for those with ears to hear. It is a promise that He'll do the same for us because God is no respecter of persons (see Acts 10:34) and He is the same yesterday, today, and forever (see Heb. 13:8). By reviewing what God has done, we feed on His faithfulness according to Psalm 37:3.

Even if you do not have any journals or past writings of what God has done in your life, simply return to the Bible. This passage in Deuteronomy is one among many divine invitations to remember the record of God's mighty acts in the lives of His people.

TRANSFORMATION THOUGHT

Reviewing the past history of God's acts—in our lives and in the lives of His people throughout history—strengthens us to walk in present-day faith.

REFLECTION QUESTIONS

1. In what ways do you currently review what God has done in your life? How does this remind you of His faithfulness and give you strength to face today's challenges?
2. How does this concept of reviewing what God has done help you see and apply the Bible differently?

TRANSFORMATION PRAYER

God, I celebrate the great things You have done, both in my life and throughout history! You have a track record of consistent faithfulness because You are faithful. You were faithful to Your people throughout Scripture, and You remain faithful today. Thank You for being unchanging. If you moved mightily in the past, You will do it again—and bring great glory to the Name of Jesus!